



HOTEL
ROSE BAY

Run out of ideas for dinner? Hotel Rose Bay will be offering our Dining Menu as a meal prep menu for your home cooking convenience. All meals will be provided to you cold with "how to" instructions on the best ways to reheat your favourite meals.

Order by 3pm for the meals to be delivered to your door the following day. Our meal prep menu will help you organise your week during these difficult times so order yours today.

ALCOHOL DELIVERY AVAILABLE WITH EVERY FOOD ORDER

See [rosebayhotel.com.au](https://www.rosebayhotel.com.au) for full list.



MEAL PREP MENU

We are now offering a home cooked Meal Prep Menu service. Please select which item you would like to pre-order and the quantity. Send your completed order form back to reservations@rosebayhotel.com.au.

Mains

✓ Qty

- ___ Seared Yellow fin tuna poke bowl with soba noodle, bean sprout & carrot | \$22.50
- ___ Cured king salmon with brown rice, edamame, avocado & sesame | \$19.50
- ___ Organic Chicken with coconut, chilli, cucumber, peanut & Brown rice | \$29.00
- ___ Cone bay barramundi curry with brown rice & steamed Asian greens | \$30.00
- ___ Veal and Vegetable Bourguignon with creamy mash potato & crispy herb | \$38.00 recommended for 2
- ___ Roasting tray of Lamb Shoulder Half/Whole with cous cous salad, hummus, flat bread & tabbouleh (48hrs) | \$50/\$90 Serves 2 to 4
- ___ Nachos - with beef, guacamole, sour cream & cheese | \$26.00 (serves 2)
- ___ Pasta - Forest mushroom ragu, casarecce pasta, sage & parmesan cheese | \$22.00
- ___ Roast field mushroom - broccolini, hummus, watercress & dukkah | \$24.00

Sides

✓ Qty

- ___ Steamed rice | \$3.00
- ___ Steamed Asian greens, oyster sauce | \$10.00
- ___ Mixed leaf salad, house dressing | \$6.50
- ___ Potato salad | \$12.50

Kids

✓ Qty

- ___ Kids spaghetti Bolognese | \$12.00
- ___ Kids sausage and mash | \$12.00
- ___ Kids chicken fillets and mash | \$12.00

(may contain traces of nuts, seeds & soy)

PAYMENT METHOD

Name on card: _____

Card number: _____ Expiry date: _____

Security Code: _____

Email: _____ Mobile: _____

DELIVERY ADDRESS

Name: _____

Address: _____

Suburb: _____ Postcode: _____

Delivery Note: _____